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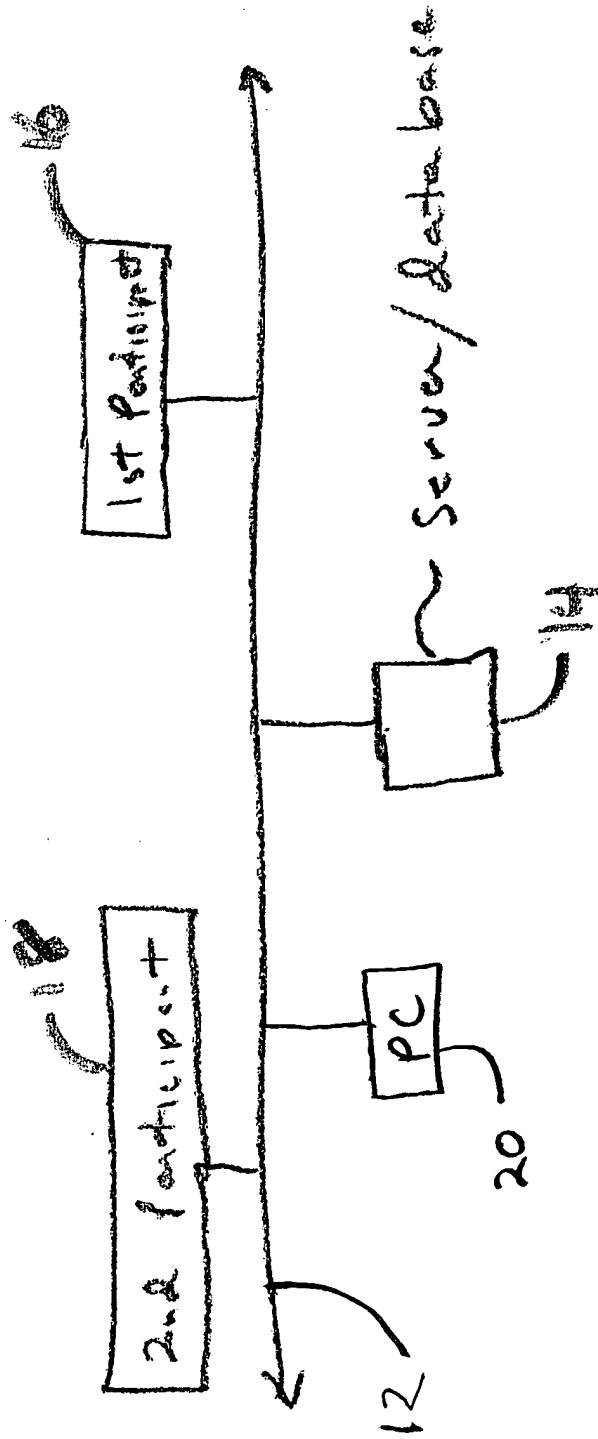


FIG. 4

The Empathy Index

A	B
Your Answer	How You Think Your Partner Answered

- | | | |
|---|----------------------|----------------------|
| 1. How comfortable are you with your physical appearance?
(Very Uncomfortable) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very Comfortable) | <input type="text"/> | <input type="text"/> |
| 2. Do you (or would you) feel awkward or uncomfortable if
(your partner) watches you bathe or get dressed?
(I do not like it) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Absolutely okay) | <input type="text"/> | <input type="text"/> |
| 3. How physically fit do you consider yourself?
(Not fit at all) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very fit) | <input type="text"/> | <input type="text"/> |
| 4. How willing are you to change your behavior to improve
your health?
(Not very) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very) | <input type="text"/> | <input type="text"/> |
| 5. How much effort do you expend to maintain your health?
(Very little) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (A lot) | <input type="text"/> | <input type="text"/> |
| 6. Generally, do you make an effort to eat nutritious foods?
(No) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Yes) | <input type="text"/> | <input type="text"/> |
| 7. Is alcohol consumption by you a problem in your
relationship?
(Not at all) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very much) | <input type="text"/> | <input type="text"/> |
| 8. If you are home in bed with the flu, how much help and
attention do you want from (your partner)?
(None) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Massive amounts) | <input type="text"/> | <input type="text"/> |

The Empathy Index

C	D
Your Answer	How You Think Your Partner Answered

- | | | |
|---|----------------------|----------------------|
| 1. How comfortable are you with your physical appearance?
(Very Uncomfortable) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very Comfortable) | <input type="text"/> | <input type="text"/> |
| 2. Do you (or would you) feel awkward or uncomfortable if
(your partner) watches you bathe or get dressed?
(I do not like it) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Absolutely okay) | <input type="text"/> | <input type="text"/> |
| 3. How physically fit do you consider yourself?
(Not fit at all) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very fit) | <input type="text"/> | <input type="text"/> |
| 4. How willing are you to change your behavior to improve
your health?
(Not very) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very) | <input type="text"/> | <input type="text"/> |
| 5. How much effort do you expend to maintain your health?
(Very little) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (A lot) | <input type="text"/> | <input type="text"/> |
| 6. Generally, do you make an effort to eat nutritious foods?
(No) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Yes) | <input type="text"/> | <input type="text"/> |
| 7. Is alcohol consumption by you a problem in your
relationship?
(Not at all) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very much) | <input type="text"/> | <input type="text"/> |
| 8. If you are home in bed with the flu, how much help and
attention do you want from (your partner)?
(None) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Massive amounts) | <input type="text"/> | <input type="text"/> |

Score Sheet

Step 1: Fill in the numbers from the appropriate boxes on the questionnaires.

Step 2: The difference between the two numbers is your Empathy Index!

1. How comfortable are you with your physical appearance?
(Very Uncomfortable) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very Comfortable)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____
2. Do you (or would you) feel awkward or uncomfortable if
(your partner) watches you bathe or get dressed?
(I do not like it) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Absolutely okay)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____
3. How physically fit do you consider yourself?
(Not fit at all) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very fit)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____
4. How willing are you to change your behavior to improve
your health?
(Not very) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____
5. How much effort do you expend to maintain your health?
(Very little) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (A lot)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____
6. Generally, do you make an effort to eat nutritious foods?
(No) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Yes)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____
7. Is alcohol consumption by you a problem in your
relationship?
(Not at all) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Very much)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____
8. If you are home in bed with the flu, how much help and
attention do you want from (your partner)?
(None) 1 - 2 - 3 - 4 - (5) - 6 - 7 - 8 - 9 (Massive amounts)
A ____ D ____ = E/I ____
B ____ C ____ = E/I ____

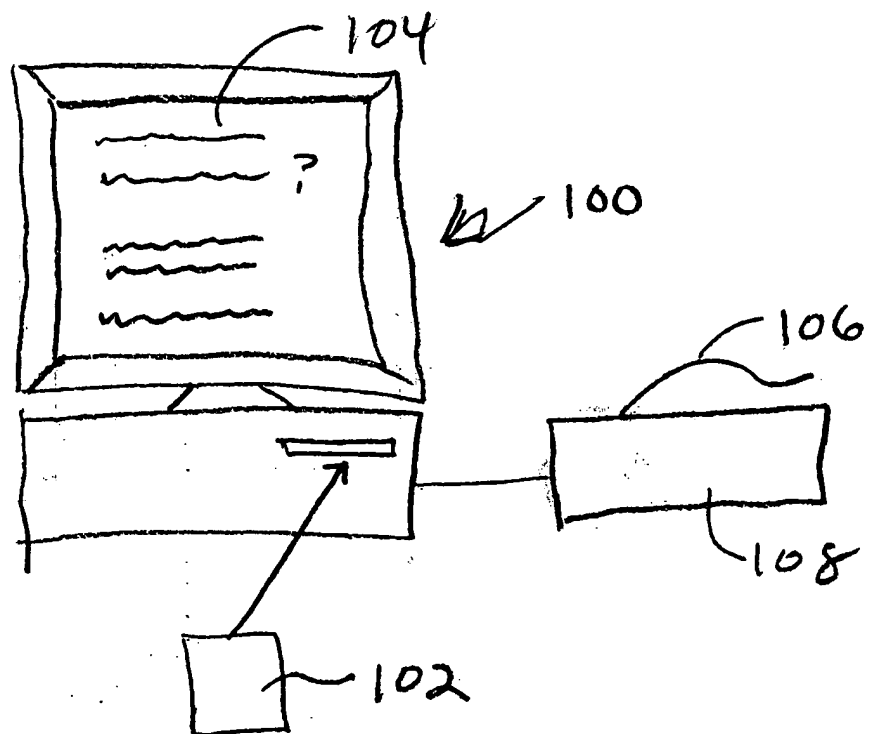


FIG. 5

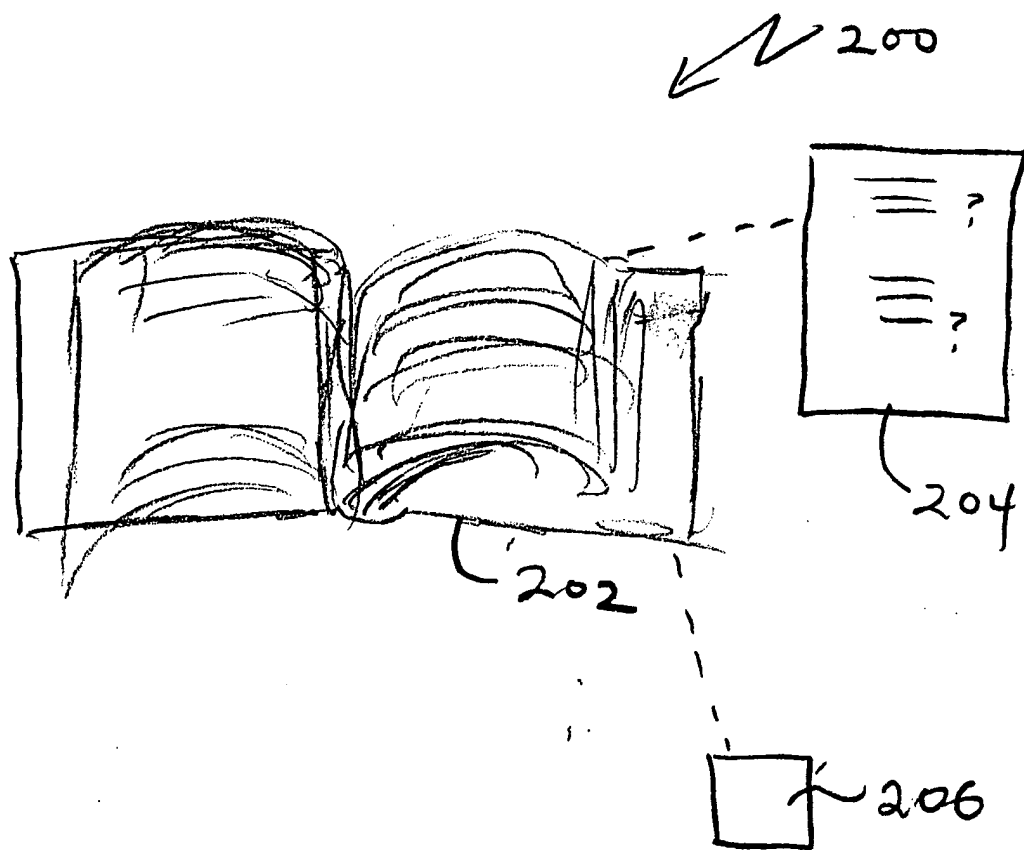


FIG. 6